

Aspartame: Physiology and Biochemistry (Food Science and Technology Series, Volume 12). Edited by Lewis D. Stegink and L. J. Filer, Jr. Marcel Dekker Inc., New York and Basel, 1984. 696 pp. Price: SFr 223.00.

This formidable book contains thirty-three chapters by forty-three notable authors on the now well-known sweetener. The chapters are highly detailed and extensively bibliographed and the editors are to be congratulated on compiling such a wealth of information about aspartame. Subjects include toxicological, dental and sensorial properties, and neural and brain effects are considered in great depth. The book is intended for nutritionists, food scientists, toxicologists, biochemists, dieticians, physiologists, physicians, dentists and consumer groups and it seems certain that all could benefit from this profound study of such an important molecule.

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